Oxford Houses of Virginia Reentry Initiative

What is an Oxford House?
An Oxford House is an affordable, alcohol and drug-free living environment for individuals in recovery from alcoholism and/or drug addiction. All Oxford Houses have common characteristics.

- Each house is democratically self-run by the members
- Each house is financially self-supporting, responsible for all household expenses
- Each house must expel any member who returns to using drugs or alcohol

Are there any requirements to live in an Oxford House?

1) No drinking or using 2) Pay your EES [Equal Expense Shared] 3) No disruptive behavior

Past experience with the first Oxford House proved that expelling the member that returned to alcohol or drugs - no matter how briefly - protects the house for the other members. If a member relapses on drugs and/or alcohol he/she will be asked to leave immediately. The individual can make arrangements with the house to get his/her personal belongings within a reasonable time frame. The house may choose to notify the Community Corrections Officer that the individual no longer lives at the house and state the reason why.

You will be required to pay the house a $100 non-refundable fee before move-in. EES varies with each house, ranging from $130 - $200 per week. When you are accepted into a house, you will be notified how much that house's EES is and the total amount required to move in. EES covers all utilities and phone. (Again, each house varies but most houses include cable and/or streaming, internet, phone, laundry soap, paper towels, toilet paper, coffee and so on)

Disruptive behavior can encompass many things, but the bottom line is if an individual's behavior is a disruption to the normal flow of house operations, then that will be considered disruptive. Violence and threat of violence will be dealt with by the house and treated as a relapse. The person involved will be asked to leave, in most cases immediately.

Things to do while you are incarcerated:
Oxford Houses' main goal is to provide self-sufficient affordable housing for individuals recovering from alcohol and/or drug addiction. Oxford House is not a treatment facility. Therefore, Oxford House recognizes most forms of abuse treatment, and the 12 step programs of Alcoholics Anonymous, Narcotics Anonymous and other 12 step groups. There are ways for you, the incarcerated, to start work on these things now. We receive too many applications to accept all who apply; it is those individuals who are currently working on their recovery from addictions that will receive the higher priority to get into an Oxford House.

More hoops to jump:
There are special requirements to be an Oxford house member when using this incarceration process. Due to past experiences, we ask that you try to pay your EES before move-in. This accomplishes two things. One, your placement in an Oxford House is guaranteed, and two, it protects the house financially if you do not show up on the day and time designated. You will be on a restrictive probationary period (usually 30 to 90 days - dependent upon the house). This would include going to a predetermined number of 12 step meetings, getting a sponsor and possibly a lowered curfew time. This probation will differ from house to house but expect to be on a limited probation period until the house gets comfortable with you and you get comfortable with the house. After the initial month you will have all privileges granted the other house members, if your financial and behavioral responsibilities to the house are upheld.

What happens if I can't get the move in costs?
There are cases in which an inmate simply cannot come up with the money before he moves in. There are many resources out there and we have found that if an individual really wants to get into an Oxford House, he/she will use whatever resource to come up with funds. If you do not have any family or friends to ask, we suggest you try churches or other non-profit organizations. We have seen many inmates get funding through these types of resources. Each house should have a list of funding agencies that can assist you.

What if I don't get accepted using the incarceration project: If for whatever reason you don't make it through this process, it is easier to get into a house when you are released. If you find you are unable to get funding for Oxford House while in prison, be sure to contact us once you are released. You will find it is simpler to get accepted into one of the houses and your chances of staying clean and sober are much greater with the peer support of an Oxford House.

Contact Information:

Evan Lindquist
Reentry Coordinator
Oxford House, Inc.

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Phone 202.525.0047

oxfordvacancies.com
vaoxfordhouse.org

FILL OUT YOUR APPLICATION IN FULL OR IT WILL NOT BE PROCESSED

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Application for Membership in Oxford House

To be accepted in an Oxford House an applicant must complete both sides of this application and be interviewed by the residents of the particular Oxford House to which the applicant is applying. The residents of the house then vote on acceptance. An 80% affirmative vote is needed to be accepted. Carefully read the application and honestly answer the questions. Living in an Oxford House is special and if you understand its value it can help you achieve comfortable sobriety without relapse.

<table>
<tr><td colspan="3">1. Print Name (Last, First, Middle)</td><td colspan="3">3. Date of Birth
Month | Day | Year</td></tr>
<tr><td colspan="3">2. Present address (Street) Check if treatment facility</td><td colspan="3">4. Phone Where You Can Be Reached
Home( )</td></tr>
<tr><td>City</td><td>State</td><td>Zip</td><td colspan="3">Work ( )</td></tr>
<tr><td colspan="2">5. Are you an Alcoholic?
Yes ☐ No ☐</td><td>6. Date of Your Last Drink?</td><td colspan="3" rowspan="2">9. List drugs you used addictively:</td></tr>
<tr><td colspan="2">7. Are you addicted to drugs?
Yes ☐ No ☐</td><td>8 Date of last drug use ?</td></tr>
<tr><td colspan="3">10. When did you attend your first AA or NA meeting?</td><td colspan="3">11. How many AA/NA meeting do you now attend each?</td></tr>
<tr><td colspan="3">12. Do you want to stop drinking alcohol and using addictive drugs?
Yes ☐ No ☐</td><td colspan="3">13. Are you employed? If “yes” who is your employer?
Yes ☐ No ☐</td></tr>
<tr><td colspan="3">14. Are you getting welfare or other non-job related income?
Yes ☐ No ☐
If “yes” what?</td><td colspan="3">15. If you do not have a job will you get one?
Yes ☐ No ☐
If “yes” what job plans do you have?</td></tr>
<tr><td colspan="3">16. What is your monthly income right now?
$_____</td><td colspan="3">17. What do you expect your monthly income to be next month
$ _____</td></tr>
<tr><td colspan="3">18. Marital status [Check One]
Married ☐ Never Married ☐ Separated ☐ Divorced ☐</td><td colspan="3">19. Do you have a medical doctor?
If “yes” list the doctor’s name and phone number:
Yes ☐ No ☐</td></tr>
<tr><td colspan="3">20. Have you ever been to a treatment facility for alcoholism and/or drug addiction?
Yes ☐ No ☐
If “yes” list the treatment provider, phone number and primary counselor, if any.</td><td colspan="3">21. Do you take prescription drugs?
Yes ☐ No ☐
If “yes” list drugs and reason the drug has been prescribed.</td></tr>
<tr><td colspan="6">Please complete the other side of this application.</td></tr>
</table>

22. Date of move in ? Immediately ☐ Other ☐ If "other" list the date you would want to move in, if accepted, and why the date is in the future rather than immediately. Date: _____ Reason:

23. Have you ever lived in an Oxford House before? Yes ☐ No ☐ "yes," provide the name and location of the Oxford House below and answer question 24.

Approximately when did you live at the house?

Approximately how long were you there?

24. [Answer this question if the answer to question 23 was "yes."] I left the previous Oxford House for the following reason: [check one]

☐ relapse, ☐ voluntarily, ☐ other reason(s)_____

I, did ☐ or do not ☐ owe money to the Oxford House I left. If I did owe money to the Oxford House I left, I will agree to repay the money I owed to my former Oxford House. Yes ☐ No ☐

25. Emergency Telephone Numbers. [List family doctor, if you have one, + two family members or friends]

Name and Address	Relationship	Telephone
1.		
2.		
3.		

26. I realize that the Oxford House to which I am applying for residency has been established in compliance with the conditions of § 2036 of the Federal Anti-Drug Abuse Act of 1988, P.L. 100-690, as amended, which provides that federal money loaned to start the house requires the house residents to (A) prohibit all residents from using any alcohol or illegal drugs, (B) expel any resident who violates such prohibition, (C) equally share household expenses including the monthly lease payment, among all residents, and (D) utilize democratic decision making within the group including inclusion in and expulsion from the group. In accepting these terms, the applicant excludes himself or herself from the normal due process afforded by local landlord-tenant laws.

27. Use this space for additional relevant information:

28. I have read all of the material on this application form including the limitations set forth in item 26. I have also answered each question honestly and want to achieve comfortable recovery from alcoholism and/or drug addiction without relapse.

SIGNATURE: _____ **DATE:** _____

FOR USE BY OXFORD HOUSE

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Oxford House Questionnaire

Data: The following pages must be filled in completely. Failure to completely fill out the application may result in denial without notification.			
Full Name	DOC Number		
Age	DOC Facility		
Sex	DOC Address		
Which City or County are you releasing to:	Release Date:	Case Manager:	Phone

Questionnaire	
Are you a recovering Alcoholic and/or Addict?	☐ Yes ☐ No
Drug (s) of choice	
What is the background of your current crime? Please explain in detail use another sheet of paper if necessary	
Do you have any other legal issues Court dates.. Warrants	☐ Yes ☐ No
If Yes Please Explain	
Have you ever been arrested for any sex crimes?	☐ Yes ☐ No
If yes please explain.	
What is your plan for recovery?	
Do you have a sponsor?	☐ Yes ☐ No
If you currently do not have a sponsor will you get one?	☐ Yes ☐ No
How many 12 step meetings do you attend per week	
How many 12 step meetings will you attend when released	
What step are you on now	
Have you identified your relapse triggers	☐ Yes ☐ No
if yes what are they?	
Tell us what your behavior might be like when your headed towards a relapse	

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How do you plan on paying your share of living expenses? *please note that your EES needs to be paid before you show up at the house*	
How do you feel about sharing a bedroom / group living	
How do you handle confrontation?	
Can you confront others in a constructive manner? How?	☐ Yes ☐ No
How?	
Have you ever attended anger management	☐ Yes ☐ No
Do you have an anger problem	☐ Yes ☐ No
if yes, please explain	
Are you involved in a relationship?	☐ Yes ☐ No
Do you have children?	☐ Yes ☐ No
If yes, will they be visiting you on weekends or holidays ?	☐ Yes ☐ No
Do you have any medical problems or mental disorders?	☐ Yes ☐ No
if yes, please explain	
Do you take any medication	☐ Yes ☐ No
if yes please list medication and explanation of what it's for	
What do you feel you can contribute to Oxford House?	
What do you hope to achieve by living in an Oxford House	

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Do you have any prejudices? Race / Sex / Religion?	☐ Yes ☐ No
if yes please explain	
Do you have any problems performing house chores?	☐ Yes ☐ No
if yes please explain	
Use this area to tell use anything you might think we should know about. Please know this will go a long way in helping the houses get to know your personality if they are unable to conduct a personal interview.	