

Fast Facts About Oxford House

Oxford House Inc.

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Oxford House Ilford — Charlotte, NC

Oxford House™ is a concept and system of operation that enables recovering alcoholics and drug addicts to live together in a self-help environment, which greatly increases the odds of sobriety without relapse. As of August 2013 1,622 Oxford Houses have been established in 383 cities in 44 states in the United States – a big increase from the 18 local houses that existed when expansion began in 1989. More than 250,000 individuals have lived in an Oxford House since the first one started in 1975.

Oxford House, Inc. – the umbrella 501(c)(3) organization – developed an efficient system of replication that relies on individual house charters, organization among houses for mutual support to assure quality control, and utilization of trained outreach workers to teach the standardized system of operations. NIAAA and NIDA have supported independent research that has verified Oxford House's effectiveness. These studies found that 70% to 87% of Oxford House residents were staying clean and sober without relapse. More than 100 peer-reviewed research articles have been published in scholarly journals – the list of articles is downloadable from the web-site www.oxfordhouse.org under "About Us/Resources/Peer Reviewed Published Research List".

Oxford House™ began in 1975 when 13 male residents took over a county-run halfway house that was being closed. They rented the building and established a written democratic system of operation – the Oxford House Manual®. Within a few months they rented a second house and then another. By 1988, when Congress enacted the Anti-Drug Abuse Act, there were 18 Oxford Houses – 15 for men and 3 for women.

§2036 of the Anti-Drug Abuse Act of 1988 encouraged states to establish self-run, self-supported recovery homes for recovering alcoholics and drug addicts based upon the Oxford House model. This law served as a catalyst for Oxford House, Inc. to set up a central services office to organize the establishment of more Oxford Houses.

In 2011, The Oxford House Model met the rigorous standards to become listed on SAMHSA's National Registry of Evidenced-Based Programs and Practices [NREPP], an honor to the men and women who for 36 years have demonstrated that living in an Oxford House greatly increases the odds for achieving long-term sobriety. The registry is available on the following SAMHSA web-site: <http://nrepp.samhsa.gov/ViewIntervention.aspx?id=223>

SUCCESS OF OXFORD HOUSE

Federally funded research has shown that:

- ◆ More than 80% of the residents of Oxford House avoid relapse.
- ◆ Dual diagnosed residents do well in Oxford Houses.
- ◆ Both men and women do well in an Oxford House.
- ◆ Special populations do well in Oxford Houses.
- ◆ More than 80% of residents are employed.



Oxford House Highlights

1,622 - Number of Oxford Houses as of August 2013

44 - Number of States having Oxford House

388 - Number of towns or cities having Oxford Houses

\$1,820 - average monthly income of residents

\$98.75 - average weekly share of expenses paid by Oxford residents

58% of Oxford House residents had been homeless for an average of 6 months

76% had done jail time connected to their addiction

16.5 - months average length of sobriety

More than 12,798 Oxford House recovery beds - 9450 for Men and 3346 for Women

World Services Management Staff

J. Paul Molloy, Founder
Chief Executive Officer

Kathleen Gibson
Chief Operating Officer

Leann Watkins
Director of Finance

Debbie Dungee
Revolving Loan Manager

Mollie Brown
Information Specialist

Alma Washington
Housing Services Specialist

Darryl Jolner
Administrative Support

Benefits Of Oxford House To Alcohol and Drug Agencies



*Oxford House Lookout
Beachwood, NJ*

- ◆ Time tested best practice to prevent relapse
- ◆ National organization to coordinate the network of recovery homes
- ◆ Charter mechanism assures quality control
- ◆ Expandable without large capital investment
- ◆ Self-run, self-supported housing minimizes staffing costs
- ◆ Built-in Oxford House evaluation process
- ◆ Effective for dual diagnosis
- ◆ Effective link to criminal justice programs [drug court/reentry]
- ◆ Stops recycling of alcoholics and addicts from treatment to homelessness or jail
- ◆ Expandable capacity avoids time-limited residency

THE NATIONAL OXFORD HOUSE UMBRELLA ORGANIZATION

- ◆ The national nonprofit, tax-exempt Oxford House umbrella organization – Oxford House, Inc. provides trained outreach workers to start new houses and monitor existing houses.
- ◆ Meets all state and federal audit requirements.
- ◆ Manages multiple start-up recovery home revolving loan funds.
- ◆ Collects data from national network of homes to measure effectiveness.
- ◆ Enforces compliance with the strict Oxford House Charter requirements.
- ◆ Defends the civil rights of residents to live in safe, supportive group homes.

BOOKS

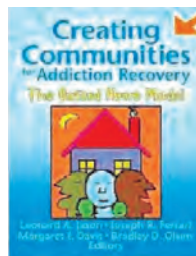
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